

Keynote Speakers

David Reile, Ph.D.

Dr. Reile is a licensed psychologist, National Certified Career Counselor and Master Career Counselor with over 15 years of education and experience in career planning and psychological consultation. Dr. Reile's education includes a master's degree in counseling with a specialization in career development and a doctorate in counseling psychology with a specialization in psychological assessment. He has applied his experience in individual and group counseling, training, consultation, and management in a variety of settings, including international organizations, educational institutions, government, and private practice. He is an expert on the use of the Internet in career counseling having published and presented frequently on the subject.

Barbara Hilton Suddarth, Ph.D.

Dr. Suddarth is a licensed psychologist and National Certified Career Counselor with over ten years of education and experience in career development assessment and counseling. Dr. Suddarth's education includes a master's degree in community counseling, and a doctorate in counseling psychology. She has applied this experience in consulting, teaching, training and curriculum development.

What is the Maine Career Development Association?

The Maine Career Development Association (MCDA) is a division of the National Career Development Association. Our purpose is:

- To provide professional development opportunities for people in Maine who provide career information / career assistance to others.
- To provide networking opportunities for these same professional and para-professionals in the field of career development.
- To be an advocacy group for career development issues.

For More Information

Questions?

Contact one of the following people:

Jim Peacock, KVCC (207) 453-5082,
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Dale Stair, CMCC (207) 755-5208,
dstair@cmcc.edu

Robin Murphy, UMA (207) 621-3138,
rmurphy@maine.edu

Or, check out the MCDA website at:
www.peak-careers.com
(click on the Maine Career Development Association link)

Directions to Central Maine Community College in Auburn, Maine:

Refer to CMCC's website (www.cmcc.edu/visitors/) for directions to campus and information about hotels in the Auburn area.

Maine Career Development Association

First Annual Conference

*Monday, June 21,
2004*

*Kirk Hall
Central Maine
Community College*

Conference Agenda

8:30 – 9:15 a.m. Registration

9:15 – 9:30 a.m. Welcome

9:30 – 11:45 a.m. Keynote – Profiles of “Undecideds” and Effective Counseling Strategies

Speakers: David Reile and Barbara Suddarth

Research has shown that undecided people fall into five categories. This presentation will focus on a discussion of five groups of “undecideds.” These groups are labeled “Action-oriented Individualists”; “Learning to Balance;” “Open to Possibilities;” “Growing and Developing;” and “Struggling and Exploring.” While research has primarily focused on academically undecided students, their profiles and the activities proposed to assist them in choosing a major and a career can be used to help undecided working adults as well. This presentation will offer ideas on working with the different needs of the varied groups of undecideds. Additionally, this presentation will allow participants opportunities to devise new strategies for working with undecided students and adults.

11:45 a.m. – 12:45 p.m. Lunch & Networking

12:45 – 1:45 p.m. Business Meeting

2:00 – 3:30 p.m. Concurrent Sessions

Please indicate on the registration form the session you plan to attend so we can inform the presenters of numbers and assign the proper space for the workshops.

Session 1: *I’m on the Internet, Now What? An Advanced Primer to What’s New, What’s Hot, and How to Make the Most of Your Time Online* – David Reile

This workshop is designed to provide you with a guide to keep you organized and productive online. Topics will include how to find anything you want on the Web, online tools to make your life easier, job searching on the Internet, and online learning

Session 2: *Shared Skills in Career and Personal Counseling: How Psychotherapy Techniques Can Enrich Career Development Work* – Barbara Suddarth

Though often viewed as unrelated, career and personal counseling share many common elements. This program will explore such themes as the unconscious, the use of dreams and metaphor in career work, transference/countertransference and the counseling relationship. Participants will examine case material to gain insights into psychological dynamics and therapeutic techniques in career development.

Session 3: *Career Development Models in High Schools*

This workshop will look at some of the career development models being utilized in high schools. Panel members will share their experiences and expertise about what strategies and curricula work well with this population.

Session 4: *Career Development Theory*

This workshop offers a review of the major career development theories and their application in practice. A great introduction for people new to the field, or a refresher for veteran career counseling professionals.

Conference Registration

Cost: \$75 – Includes conference registration, lunch, and one year membership to MCDA (2004-2005). Registrations are due by June 1st. After June 1st, registration fee will increase to \$95. **Space is limited** to the first 220 registrants.

Name: _____

Mailing address:

Above address is home ____ or work ____

Organization: _____

Title: _____

Phone: _____

E-mail: _____

Indicate choice of afternoon session:

Circle: 1 2 3 4

Mail registration form with a check or purchase order payable to CMCC to:

**Registrar
Central Maine Community College
1250 Turner Street
Auburn, ME 04210-6498**