

MCDA Fall Workshop Agenda
A Map for Navigating Uncertainty and Transitions
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Maine Career Development Association
Friday, November 3, 2017
Bates College
Benjamin Mays Center

- 8:00 – 8:45 Registration and Networking
- 8:45 – 9:00 Welcome and Introductions - Amy Jaffe & Holly Smevog
- 9:00 – 10:30 *PART 1: A New Perspective for Navigating Uncertainty***
- Review a cyclical, seasonal model for a new perspective on navigating uncertainty.
 - Understand how to harness uncertainty as an energizing force to move individuals in authentic and highly congruent ways to instill hope and renewal and forge broader risk-taking.
- 10:30 – 10:45 Break
- 10:45 – 12:00 *PART 1 (Cont'd) : A New Perspective for Navigating Uncertainty***
- Learn how to clear the fog hovering around change so we can listen, understand, and manage our own transitions as well as support the shifts of those with whom we live and work.
- 12:00 – 1:00 Lunch
- 12:45 – 1:00 MCDA Business Meeting
- 1:00 – 3:15 *Creative Solutions for Overcoming Barriers: Applied Solutions***
- Apply and deepen the morning's learning through fish bowls and role plays.
 - How to use a simplified version of the model as an assessment tool with clients and students, especially when you have very limited time with them.
- 3:15 – 3:30 Evaluations and Closing